

# LA PÉTANQUE

## RULES, INFORMATION AND ADVICE

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+370 655 77984  
bonjour@cci-fr.lt  
www.cci-fl.org  
Gostauto g. 8, Vilnius, Lithuania



CHAMBRE DE COMMERCE FRANCE LITUANIE  
Prancūzijos ir Lietuvos Prekybos Rūmai

# WHAT IS PÉTANQUE?

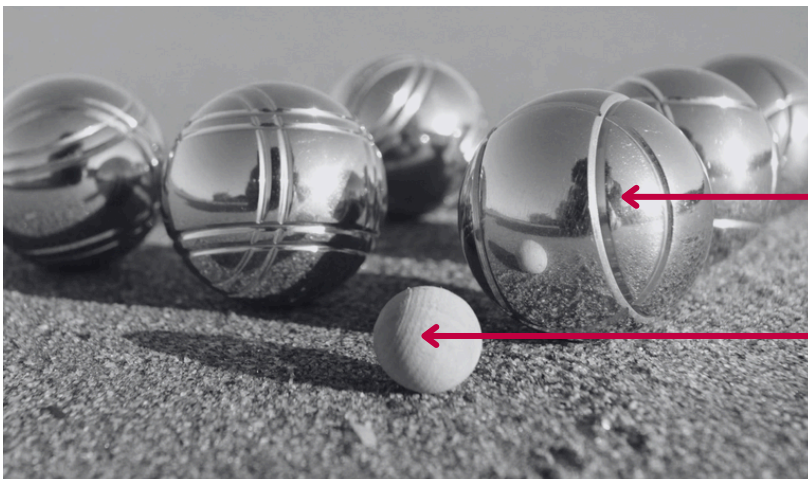
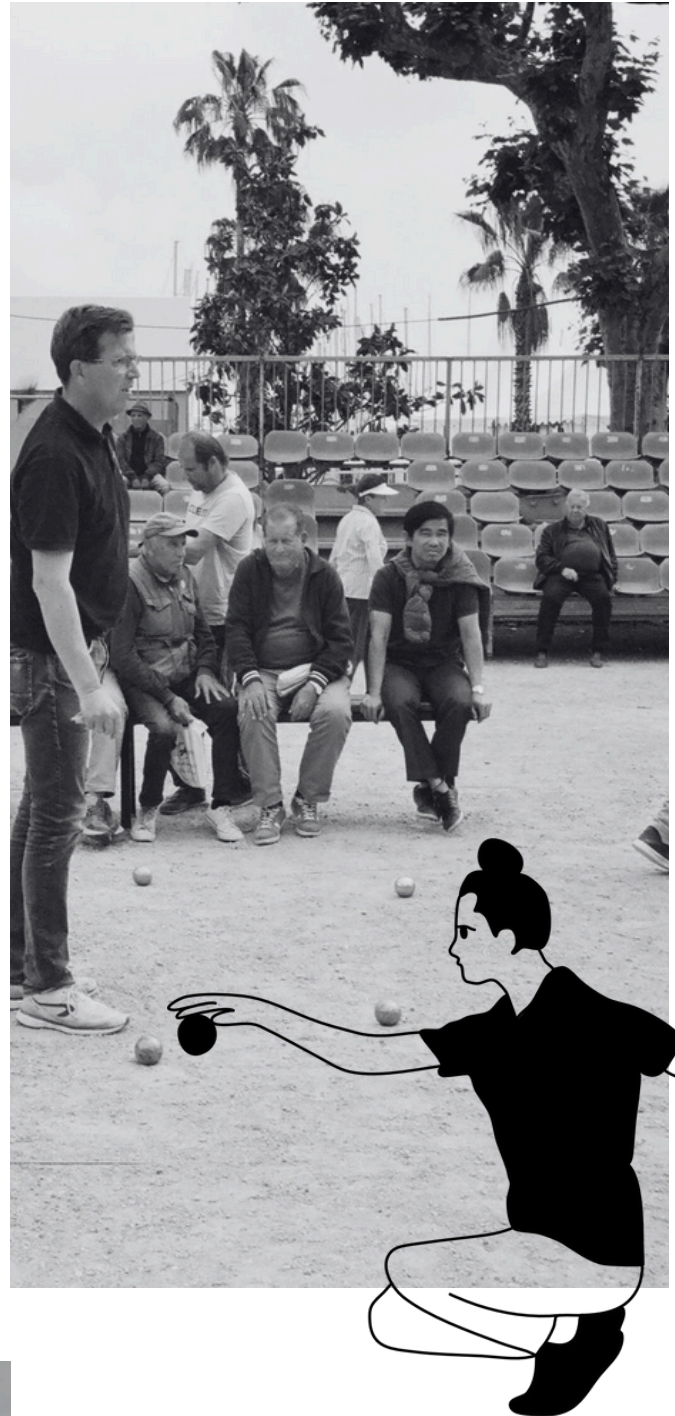
Petanque is an outdoor game where the aim is to throw metal balls as close as possible to the cochonnet, a small wooden ball. The game is played between two teams. Each team has balls, and each player throws his or her ball in turn. Points are scored according to the position of the balls in relation to the cochonnet. The first team to score 13 points wins the game.

## HOW DO YOU PLAY PÉTANQUE?

- 1- **Tête-à-tête** : This is a match between two players. Each player has 3 balls.
- 2- **Doublette** : Two players against two others. Each player has 3 balls.
- 3- **Triplette** : Three players against three others. Each player has 2 balls.

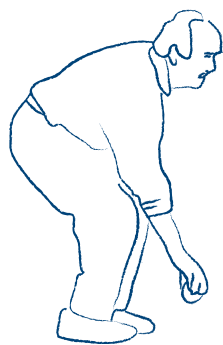
## THE GAME PRINCIPLE

In each round (called a "mène", in english "lead"), one team throws a ball, and the other tries to place it closer to the cochonnet. The team with the closest ball scores points. The game continues in this way until one team reaches 13 points.



PÉTANQUE BALL

COCHONNET



# THE STAGES OF THE Game

## 1. Drawing lots

Before the game begins, lots are drawn to decide which team goes first. The winning team chooses whether to throw the cochonnet (the small goal) or to let the opponent do it. If you're a beginner, this is a good opportunity to test your cochonnet throwing skills!

**A little tip :** When you make the draw, make sure you mix the balls well to make sure everyone has a fair chance.

## 2. The cochonnet throw

The first player starts by throwing the cochonnet. He has to throw it between 6 and 10 metres. This is not an easy task, but it is important because the opposing team can recover the cochonnet if the throw is incorrect.

## 3. Ball throwing

Each player then throws a ball in turn. The idea is to get the ball close to the cochonnet.

- You have to throw from a circle marked out on the ground, with both feet together.
- You have one minute to throw each ball, so don't panic if you need to think a little before you throw.

**A little tip :** To throw well, hold your ball comfortably. Your hand should surround the ball without being too tense. Your arm movement should be fluid, not too jerky.

